

FOREWORD BY PAUL BYRD
FORMER MLB ALL-STAR PITCHER

DON'T
Bench
yourself

HOW TO STAY IN THE GAME
EVEN WHEN YOU WANT TO QUIT

KENT EVANS

Endorsements

We were honored by a number of ministry and business leaders who were kind enough to endorse this book! We sincerely thank each individual listed below. Brief snippets of their endorsement are included here. For the full text, see www.manhoodjourney.org/dont-bench-yourself-book.

“This is a must-read for the fathers and mothers in the church!”

Nate Ashbaugh

Lead Pastor, Little Flock Baptist
Church, Louisville, Kentucky

“I was so encouraged by the simple, practical and spiritual wisdom . . .”

Dr. Jim Bechtold

Chief Innovation Officer, CEO Forum—Co-Founder
Crossroads Church—Vice Chair, World Vision US

“. . . a wonderful book that will speak to you with much needed words of truth.”

Matt Bell

Author of *Trusted: Preparing Your Kids for a
Lifetime of God-Honoring Money Management*

“. . . encouraged me to understand why I am tempted to give up.”

Lawson Brown

Business Executive, and Cohost of the
Father On Purpose Podcast

“. . . such an encouraging resource to me as a husband, father, and pastor.”

Trey Brunson

Central Ministries Pastor, Church of Eleven22

“This book is a must read. It will help you get back up and keep going.”

Paul Byrd

Former MLB All-Star Pitcher

“. . . guides us in treating the problem and getting it right going forward.”

Miranda Carls

Founder of Vertical Team and Leader Development,
Executive Director of Gateway Faith and Work

“My friend Kent’s book will help us avoid poorly motivated self-benching!”

Pat Combs

Author of *More Than The Score: How Parents and Coaches can Cultivate Virtue in Youth Athletes*

“. . . a concise, thoughtful, wise, and practical resource . . .”

Brian Croft

Executive Director, Practical Shepherding

“. . . you’ll find encouragement and inspiration. A message we all need to hear.”

Gregg Dedrick

Former President KFC, Author of *Building In The Spirit*

“This is more than a pep talk—this is God’s proven game plan for victory!”

Michael DelGiorno

iHeart Radio National Morning Host

“Kent lays out strategies to get back into the battle when you feel like you’ve lost.”

David Dusek

Author, Speaker, and Executive Director,
Rough Cut Men Ministries

“. . . practical tools wrapped inside engaging stories—a great read especially for parents!”

David Eaton

Cofounder and CEO, Axis.org

“Every second matters. Kent’s book will help you make the most of them.”

Tina Griffin

Founder of Counter Culture Ministries and
Host of the Counter Culture Mom Show
at www.CounterCultureMom.com

“ . . . a pleasure to read. It is casual and real and challenging and encouraging.”

Mark Hancock

CEO, Trail Life USA and author of *Trail-Ready: 101 Devotions for Dads with Boys*

“Kent’s new book will help you build character.”

Dr. Chris Harper

Chief Storyteller & CEO, BetterMan

“ . . . as you read Kent’s stories about his own failings, you’ll be heartened.”

Tom Harper

Author of *Servant Leader Strong: Uniting Biblical Wisdom and High-Performance Leadership*
and Founder, BiblicalLeadership.com

“I recommend this book, especially for parents, pastors, or leaders.”

Dr. Jonathan Hayashi, Ph. D.

Lead Pastor, Sola Church and author of *Ordinary Radicals*

“My buddy Kent Evans nails it.”

Jeff Kemp

Men’s leader and Author of *Receive:
The Way of Jesus for Men*

“. . . engaging illustrations and refreshing transparency, he connects and motivates!”

Dr. Ken Idleman

Vice-President of Leadership Development
for The Solomon Foundation

“. . . provides biblical and helpful steps we can take to get back in the game.”

Kyle Idleman

Senior Pastor, Southeast Christian Church and
bestselling author of *When Your Way Isn’t Working*

“A shot in the arm that refreshes your soul. I highly recommend it.”

Dr. Robert Lewis

Founder, Men’s Fraternity, BetterMan and
author of *Raising a Modern Day Knight*

“Kent’s honest storytelling and profound insights make this a must-read.”

Nick Liberto

Executive Director of Proven Ministries

“You’ll enjoy Kent’s humorous style and delightful stories.”

Scott MacLellan

Chairman Emeritus, TouchPoint Support Services and author of nine books, including *The Ancient Ladder*

“. . . great job of weaving masterful stories with meaningful applications.”

Don Manning

Founder and author of *Crazy Cool Family*

“The stakes are too high to quit. I encourage parents to read this book!”

Mark Merrill

President of Family First and All Pro Dad and author of *All Pro Dad: Seven Essentials to Be a Hero to Your Kids*

“. . . a practical path forward to get back in the game after setbacks.”

Jay Millar

Coach and Author of *Be a Hero in Your Home—The Ultimate Playbook for Men to Succeed at Home, Work, and Life*

“. . . a roadmap for those feeling sidelined by fear, shame, or failure.”

Vince Miller

Author, Speaker, and Founder of Resolute

“Kent has taken a deep theological reality and exposed it in a practical way.”

Scott Nickell

Pastor, Southland Christian Church

“ . . . lays out the path to walk that gets you back in the game.”

Dr. Zeke Pipher

Pastor and Author of *In Pursuit* and *The Wild Man: A Clear Path for Guiding Boys into Masculinity*

“ . . . brilliantly demonstrates how we can choose to enter and remain in the game.”

Joe Pellegrino

President, Legacy Minded Men

“ . . . a magnificent job encouraging us to stick with it, persevere, and hang tough.”

Kurt Sauder

President and cofounder of Further Still Ministries, Co-Author of *Getting Equipped*

“ . . . essential for anyone taking that big step into their next adventure.”

John Shibley

Founder of Last In Line Leadership

“. . . an easy to read book with a powerful lesson.”

Dr. Dann Spader

Founder, Sonlife and Concentric Global and author
of Like Jesus resources at likejesus.church

“In a world where it’s so easy to want to give up, this book encourages us . . .”

Mitch Temple, LMFT

Executive Director, The Fatherhood CoMission

“. . . a fun and inspiring guide for navigating our daily failures with grace and humility.”

Ben Thornley

Vice President of Church Engagement,
Wycliffe Bible Translators

“. . . honestly addresses some of our greatest personal adversaries . . .”

Darren Walter

Pastor, Current: A Christian Church